BETTER IF USED BY

03AUG2015 AL114604 B

# COUNT CHOCULA™

At least 48 grams recommended daily

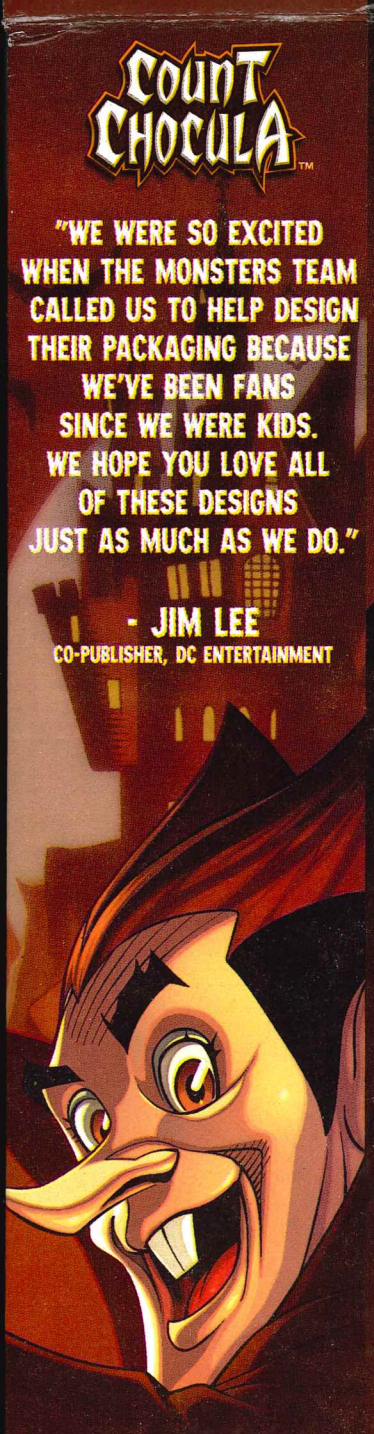
THIS CEREAL CONTAINS 11g WHOLE GRAIN PER SERVING

PER 3/4 CUP SERVING

| 100 | 0g | 130mg | 9g |
|---|---|---|---|
| CALORIES | SAT FAT 0% DV | SODIUM 5% DV | SUGARS |

SEE NUTRTION FACTS FOR "AS PREPARED" INFORMATION

General Mills



"WE WERE SO EXCITED WHEN THE MONSTERS TEAM CALLED US TO HELP DESIGN THEIR PACKAGING BECAUSE WE'VE BEEN FANS SINCE WE WERE KIDS. WE HOPE YOU LOVE ALL OF THESE DESIGNS JUST AS MUCH AS WE DO."

- JIM LEE
CO-PUBLISHER, DC ENTERTAINMENT

- ILLUSTRATED BY
TERRY & RACHEL DODSON

Terry Dodson Rachel

DESIGNED BY DC COMICS

COLLECT ALL 3

DC COMICS™

our mission is nourishinglives™

We guarantee your satisfaction with the quality of our products, and we are committed to nourishing lives, to protecting our environment and to giving back to our global communities.

generalmills.com 1-800-328-1144

# COUNT CHOCULA™

CHOCOLATEY CEREAL WITH SPOOKY-FUN MARSHMALLOWS

NET WT 10.4 OZ (294g)

COUNT CHOCULA™

1 Graphic Packaging INTERNATIONAL, INC

Aug-14

kAL-9504650

262034_

CMY K D-P=
.90
.54
.25

0 16000 27583 6

Monster Cereals™

OFFICIAL COUPON
BOX TOPS for EDUCATION
EXPIRES 11/1/16

# COUNT CHOCULA™

## Nutrition Facts

Serving Size ¾ cup (27g)
Servings Per Container about 11

| Amount Per Serving | Count Chocula | with ½ cup skim milk |
|---|---|---|
| **Calories** | 100 | 140 |
| Calories from Fat | 15 | 15 |
| | % Daily Value** | |
| **Total Fat** 1.5g* | 2% | 2% |
| Saturated Fat 0g | 0% | 0% |
| Trans Fat 0g | | |
| Polyunsaturated Fat 0.5g | | |
| Monounsaturated Fat 0.5g | | |
| **Cholesterol** 0mg | 0% | 1% |
| **Sodium** 130mg | 5% | 8% |
| **Potassium** 55mg | 2% | 8% |
| **Total Carb** 23g | 8% | 10% |
| Dietary Fiber 1g | 5% | 5% |
| Sugars 9g | | |
| Other Carbohydrate 13g | | |
| **Protein** 1g | | |
| Vitamin A | 10% | 15% |
| Vitamin C | 10% | 10% |
| Calcium | 10% | 25% |
| Iron | 25% | 25% |
| Vitamin D | 10% | 25% |
| Thiamin | 25% | 30% |
| Riboflavin | 25% | 35% |
| Niacin | 25% | 25% |
| Vitamin $B_6$ | 25% | 25% |
| Folic Acid | 25% | 25% |
| Vitamin $B_{12}$ | 25% | 35% |
| Phosphorus | 6% | 15% |
| Magnesium | 2% | 6% |
| Zinc | 25% | 30% |
| Copper | 2% | 2% |

* Amount in cereal. A serving of cereal plus skim milk provides 1.5g total fat, less than 5mg cholesterol, 190mg sodium, 260mg potassium, 29g total carbohydrate (15g sugars), and 5g protein.

** Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

| | Calories | 2,000 | 2,500 |
|---|---|---|---|
| Total Fat | Less than | 65g | 80g |
| Sat Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2,400mg | 2,400mg |
| Potassium | | 3,500mg | 3,500mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |

**Ingredients: Whole Grain Corn, Sugar, Corn Meal, Marshmallows** (sugar, modified corn starch, corn syrup, dextrose, gelatin, red 40, yellow 5 & 6, blue 1, natural and artificial flavor), **Corn Syrup, Rice Bran And/or Canola Oil, Cocoa Processed with Alkali, Salt, Red 40, Yellow 5 & 6, Blue 1 and Other Color Added, Natural and Artificial Flavor, Trisodium Phosphate. BHT Added to Preserve Freshness.**

**Vitamins and Minerals: Calcium Carbonate, Tricalcium Phosphate, Zinc and Iron** (mineral nutrients), **Vitamin C** (sodium ascorbate), **A B Vitamin** (niacinamide), **Vitamin $B_6$** (pyridoxine hydrochloride), **Vitamin $B_2$** (riboflavin), **Vitamin $B_1$** (thiamin mononitrate), **Vitamin A** (palmitate), **A B Vitamin** (folic acid), **Vitamin $B_{12}$, Vitamin $D_3$.**

**MAY CONTAIN PEANUT AND WHEAT INGREDIENTS.**

DISTRIBUTED BY **GENERAL MILLS SALES, INC.,**
MINNEAPOLIS, MN 55440 USA
© General Mills May be mfg. under U.S. Pat. Nos. 6,152,021; 6,767,198; 7,021,525 & 7,959,961

Exchange: 1½ Starch
Based on Academy of Nutrition and Dietetics and American Diabetes Association criteria

This package is sold by weight, not by volume. You can be assured of proper weight even though some settling of contents normally occurs during shipment and handling.

F 3471834512 SSG 3589859512

TWEET TWEET TWITTER TWITTER
EEEEK!
7:00PM
BIRDS! MUSIC!
WHAT'S THAT HORRIFYING NOISE?!
OH. IT'S JUST THE COUNT'S NEW ALARM CLOCK-- WAKING US AT SUNDOWN.
YES, IT WAS-- UNTIL YOU BROKE IT!
NOW, HOW WILL I GET UP IN TIME TO EAT MY DELICIOUS CHOCOLATEY CEREAL?
OR MY DELICIOUS CEREAL.
OR MINE. OH, MY...
WAIT--I'VE GOT IT!
WHAT?
YOU'LL SEE...
The next night--
ZZZZZ... MARSHMALLOWS...
AM I RISING HIGH ENOUGH?
-YAWN- SUNDOWN ALREADY?
WITHOUT AN ALARM CLOCK, HOW DID YOU KNOW?
GOOD EVENING, MY FRIENDS! TIME TO ARISE!
JUST LISTEN OUTSIDE.
ARRRROOOOOOO
ARRRROOOOOOO
ROOSTERS MIGHT WAKE UP WITH THE SUN--
--BUT WEREWOLVES GET UP WITH THE MOON!
IT'S ALWAYS TIME FOR MY CHOCOLATEY CEREAL!
YOU MEAN MY CEREAL!
IT'S BERRY TIMELY!

100% Recycled Paperboard™

156

howtorecycle.info
BOX PAPER
BAG PLASTIC
Store Drop-off
Recycle if Clean & Dry